

Schedule of Weekly Devotions and Events

Thursday:	Prayer Group for Priestly Vocations (1 st Thurs.)	Noon
Saturdays:	Altar Boy Practice (1 st and 3 rd Saturdays)	3:30 p.m.
	Devotions to Our Lady (1 st Saturday)	4:40 p.m.
	Benediction (1 st Saturday)	after Mass
Sundays:	Eucharistic Crusade (1 st Sunday)	after Mass
	St. Stephen's Guild (2 nd Sunday)	after Mass
	Blessing of Religious Articles (2 nd Sunday)	after Mass
	Children's Catechism (Sep-May 3 rd , 4 th , 5 th Sundays)	15 min after Mass
	Blessing of Expectant Mothers (upon request)	after Mass

Holy Communion

The faithful are reminded that all communicants must be Catholic, in the state of grace, and fasting.

Dress and Decorum in Church

Out of respect for Our Divine Lord in the tabernacle, please try to keep silence in the church as much as possible.

Also, out of respect for Our Lord and for the edification of our neighbor, we ask all to appear in church modestly dressed. For example, slacks, skirts that do not keep the knees covered, sleeveless and low-cut dresses do not meet the norm of Christian modesty for women and girls. Gentlemen also, no less than ladies, are encouraged to be generous in expressing their respect for Our Lord by dressing suitably for Holy Mass. Your cooperation is evidence of your love for the Blessed Sacrament and your respect for the House of God.

Contacting Father

During the week, Fr. Kopec can be reached at Saint Mary's Academy and College: (785)437-2471 x469. For sacramental emergencies you may request to speak to any of the priests stationed in Saint Mary's. Outside of normal working hours follow the instructions on the recorded message to reach the priest on call.

Lost and Found

Lost and Found missals and prayer books are located on the shelf in the vestibule underneath the bulletins. Clothing and miscellaneous items are in the rectory main hallway.

Chapel Coordinator: Tommy Emig (405)367-1351

St. Michael's Church

“This I’ll defend.”

Laetare Sunday
March 10, 2024



Traditional Latin Mass and Sacraments

Father Jonathan Kopec, SSPX

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**Laetare Sunday, March 10, 2024
Schedule for the Coming Weeks**

<u>Sunday, March 10th</u> Laetare Sunday	Confessions High Mass	8:15 a.m. 9:00 a.m.
<u>Saturday, March 16th</u> Saturday after the Fourth Sunday of Lent	Confessions Low Mass	4:15 p.m. 5:00 p.m.
<u>Sunday, March 17th</u> Passion Sunday	Confessions High Mass	8:15 a.m. 9:00 a.m.
<u>Saturday, March 23rd</u> Saturday in Passion Week	Confessions Low Mass	4:15 p.m. 5:00 p.m.
<u>Sunday, March 24th</u> Palm Sunday	Confessions Blessing of Palms and High Mass	8:15 a.m. 9:00 a.m.
<u>Thursday, March 28th</u> Holy Thursday	Confessions High Mass Adoration at the Altar of Repose	5:00 p.m. 6:00 p.m. Until Midnight
<u>Friday, March 29th</u> Good Friday	Stations of the Cross Confessions Passion Liturgy	1:30 p.m. 2:15 p.m. 3:00 p.m.
<u>Saturday, March 30th</u> Holy Saturday	Confessions Paschal Vigil	9:45 p.m. 10:30 p.m.
<u>Sunday, March 31st</u> Easter Sunday	High Mass Low Mass	12:00 a.m. 9:00 a.m.

Last Sunday's Collection: \$2,046.50 Building Fund Collection: \$1,260.00
St. Joseph's Table Charity Event: \$3,863.05 as of 3/3/2024

Please make all checks out to 'SSPX' or 'St. Michael's Church' for them to be properly deposited in the chapel's account. For second collections, the specific purpose may be noted in the memo line.

Announcements

Men Needed for Holy Week

We need some men to volunteer for the Washing of the Feet and bearing the canopy for the Blessed Sacrament during Holy Week. Please see the sign-up sheet on the bulletin board for details.

Holy Week Ceremony Explanations

On Palm Sunday and throughout the Sacred Triduum, Fr. Kopec will give a short explanation of the day's ceremonies about 10 minutes before they commence each day.

Extra Palms

Please feel free to take as many of the extra palms as you like from the vestibule after Mass on Palm Sunday.

St. Stephen's Guild Meeting

The St. Stephen's Guild meeting will be today after Mass.

3rd Annual St. Joseph's Table Charity Event

Unsold items from last week's event are available in the rectory for 50% off!

Easter Duty

All are reminded of the grave obligation for all Catholics to make the Easter Duty. This precept of the Church is fulfilled by receiving Holy Communion worthily at any time from the First Sunday of Lent to Trinity Sunday. One should prepare for this Holy Communion by means of a good confession which will also satisfy the precept to confess sins at least once a year.

Lenten Fast and Abstinence

Fasting is kept by eating only one normal sized meal at any time of the day, while two smaller 'collations' or snack sized meals are also allowed. For example: a piece of toast for breakfast, a normal lunch, and a small bowl of soup for dinner would be a normal fast day. Abstinence means refraining from eating any meat other than fish on that day.

Fasting and abstinence are obliged by the Church for all the faithful ages 18-59 on Ash Wednesday and Good Friday. Abstinence is also binding for all the faithful age 14+ on all the Fridays of Lent.

Traditionally (pre-1960's) the Lenten fast had every day except Sundays to be fast days. Although this is no longer binding, it can be customarily and profitably kept, according to one's state of life and health.

Welcome to Visitors

St. Michael's Church wishes to welcome any visitors who are attending Mass this Sunday. Please join us after Mass in the rectory for coffee and refreshments.

INSTRUCTION ON PREPARATION FOR EASTER

Now the Pasch the festival day of the Jews, was near at hand. (John VI. 4.)

If we would sing a joyful Alleluia with the Church on the festival of Easter, we must fulfill her desire, and prepare ourselves to celebrate it worthily. Therefore, we should shun improper, clamorous meetings, and retire often to pray in solitude, especially to meditate on the bitter sufferings of our Saviour, for when man is alone, God speaks to his heart. (Osee. II. 14.) We should carefully examine our conscience, and consider how we stand before God, for upon this day shall be the expiation for you, and the cleansing from all your sins; you shall be cleansed before the Lord; for it is a Sabbath of rest, and you shall afflict your souls, that is, by fasting, watching, and praying. (Lev. XVI. 30-31.) From this Sunday until Easter we should fast more strictly, give more alms to the poor if we are able, or if poor ourselves, bear our poverty more patiently, offering it to Christ in union with His poverty, His hunger, thirst, etc.; we should make a sincere and contrite confession, and purify our heart from the old leaven of iniquity, that we may keep the Easter meal with Christ in the unleavened bread of purity and truth. (I Cor. V. 7. 8.) For this end we should incite ourselves to holy desires, rise from sin, which is the death of the soul.

Fr. Goffine, The Church's Year